



We're listening, and supporting you.

**0800/0667888**

#### What we offer:

Encouragement.  
Guidance.  
Personalized solutions and  
means of support.

#### Who our guidance is for:

Couples.  
Individuals.  
Professionals.

#### How do we provide guidance?

Anonymously (if so desired).  
Free of charge.  
By phone. In many different languages.  
By email. In person.  
In confidence, taking your side.  
From an anti-racist standpoint,  
offering empowerment.

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## Forced marriages

- are a violation of human rights
- are unconstitutional (violating Articles 1 and 6 of the German Basic Law)

Anyone who forces you into a marriage has committed an offence under Sec. 237 of the German Criminal Code (StGB).

**For anyone threatened  
or affected by forced  
marriage, and also for  
professionals and others  
supporting them.**

Englisch



**DECIDE  
WHETHER, AND  
WHO, I MARRY!**



tel. 0800/0667888

email: [zwangsheirat@kargah.de](mailto:zwangsheirat@kargah.de)

You don't feel safe?

You're looking for  
a way out?

You love someone you're  
not supposed to love?

You want to be  
free at last?

You're not allowed to  
leave your partner?

You're not allowed to  
decide about your life?

You need advice and want  
to get informed?

Your family is creating  
stress and putting you  
under pressure?

You're supposed  
to get married but  
don't want to?

You feel helpless?

## You're not alone.

We will listen to you.  
We will respect your decisions.  
We will not share anything you say  
with anyone else.  
We will not judge you.

We will work with you to find a solution,  
taking your wishes seriously.

## GET IN TOUCH WITH US.



Niedersächsisches  
**Krisentelefon** gegen  
Zwangsheirat

Hotline for crisis situations in  
Lower Saxony against forced marriage